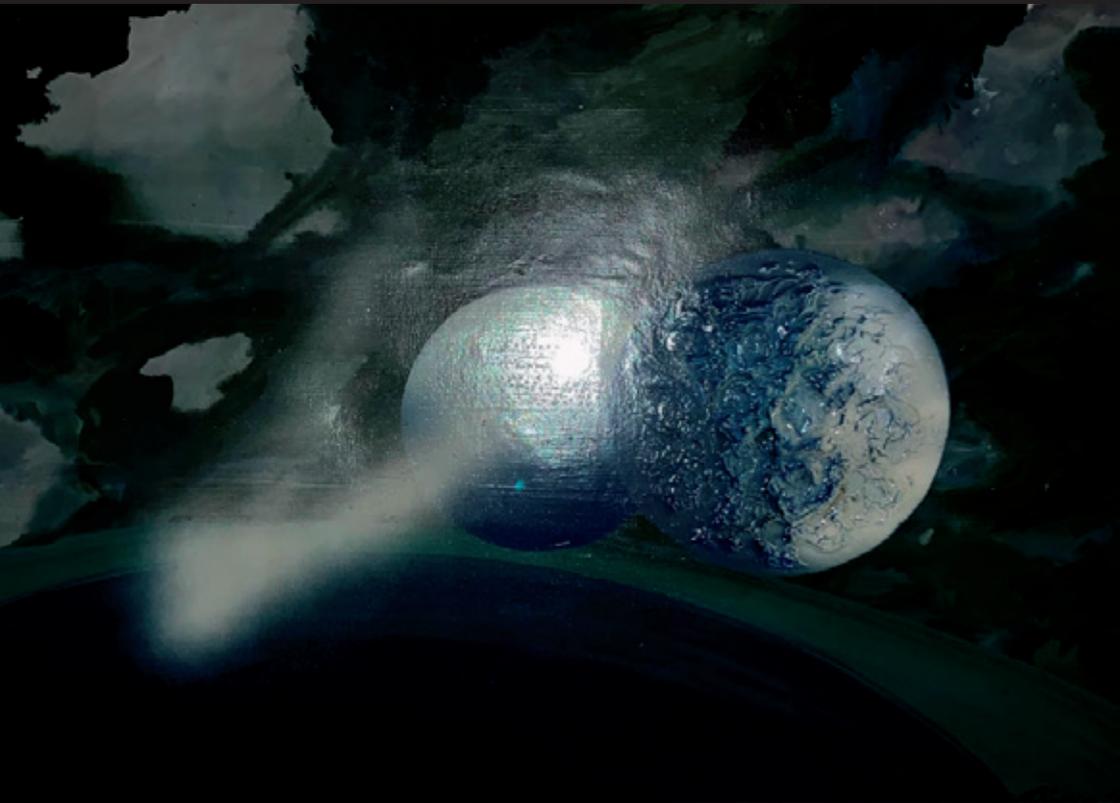


CLAUDIO MOLLO

THE INVISIBLE AND US

Reasoning from the quantum to the Great Mind



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Preface

I first met Claudio Mollo in 2013, whilst working on his publication In quest for the seed idea. Since then our paths have periodically crossed working on various writings and videos with a historical-archaeological theme.

Over the years I have learned to appreciate the depth and variety of knowledge of a man who, although aware of his limitations, does not let his curiosity be extinguished by daily routine and tries to ensure that his questions are not eluded.

The journey between his readings and interests opens up different perspectives, with Calvinian lightness leads to reflections on themes that otherwise would be relegated to the margins of everyday life, or the philosophy lessons of schooldays.

In this book we go beyond reflections about what we are. Quantum physics is unlocking some of the secrets of the universe, and at the same time questioning many of the theories we have formed to date.

His discoveries intersect and surprisingly align with thoughts formulated in the fields of religion and philosophy, as if by merely observing the Cosmos, both near and far, has granted access to a broad and shared superior knowledge. Questions that occur by thinking of the infinitely small (and invisible) and to the infinitely large (and invisible) are the universal ones: Who are we? Where do we come from? But also: Are we part of a shared entity made up of memory and knowledge? Can we knowingly hope to access it? How?

Alessandra Gargiulo

Introduction by the author

If you find the following writings superfluous, and you belong the many who don't ask themselves "what we are", most probably you are not part of the Great Mind's experiment, you remain outside the plan which is the reason for our existence.

The power of living lies in searching for the answers to life's big questions without preconceived ideas.

During the above activities it is wise to be aware of the following two points:

a) to always keep in mind the "pan metron ariston", to find the right measure in everything, without fear of being different from the others;

b) remain aware of the unbridgeable gap between what we consider our reality, and that of the Great Mind.

Now, before you begin reading, know that I belong to those who are aware that my basic education is maybe not adequate to the issues that we are dealing with. Anyhow, I have concluded that this should not have been a barrier to stop me from continuing to research for answers.

I will therefore continue my investigations for as long as the last quantum of energy keeps my neurons active to think.

My consciousness will not end, it will remain a conscious awareness of having made attempts to get as close as possible to the comprehension of the Great Mind, and to have enriched IT with my research.

In conclusion, since everything is connected in the sub-atomic world, once free from my body I am confident that I too will quantumly be able to follow my loved ones, as those did before me.

Happy Reading!

From experience, at my late age, I can say that I have learned to listen more to my parents. I am certain that our loved ones remain with us, becoming part of our consciousness.

My mother left her earthly body in 2005, and my father in 1993, but in some ways I still feel guided by their behaviour. Every time I do something that I feel is special, I immediately think “how happy my parents would have been”, or better still: I feel that they are pleased with what I have done. The same thing happens when I have little accidents that in the end are okay, thanks to lucky coincidences, but when I reflect on them later, could have been fatal. Also in this case my thoughts lead me to thank my parents.

What is this behaviour due to?

Us humans have prevailed over other species not only because we are capable of fictions, but also because we have grown up with a culture that has given us the self-awareness of our species.

To have self-awareness, with an identity that we belong to a specific group, gives us a position along a chain of events that goes back to our roots.

We are the result of thousands of years of history, a succession of events that has generated different identities for every social group, and that in itself gives us a sense of our future.

Beyond the anthropological aspect, we are the producers of art for thousands of years and the most intriguing aspect is that every single human is evaluating, admiring and criticizing art in different ways.

In all this we have the witness of the infinite combination of the particles that makes every single human unique.

By listening to the stories of others we accumulate other ways of knowing.

The telling is teaching.

The places, moments and environments where we have lived have given us a specific inheritance of streams of knowledge.

From what material is our reality made of?

In the 5th century BC, twenty five centuries ago, our Greek ancestor, Democrito, spoke of an invisible particle that was at the base of everything that he called the Atom, where A means not, and tomos means cuttable, therefore so small as to not be divisible.

How how did he arrive at this conclusion?

Who or what made him say it?

To have confirmation of the correctness of the conclusion of Democrito we had to wait twenty three centuries. When the chemist and physicist, **John Dalton (1803)** demonstrated the existence of the atom, and said that it was the smallest, indivisible particle at the base of everything.

After ninety three years, in **1896**, the physicist J. Thomson discovered and demonstrated the existence of the electron, an even smaller particle spinning at the edge of an atom.

Then, the physicists **Rutherford (1919)** and **Chadwick (1932)** demonstrated that the atom had a nucleus made of even smaller particles - neutrons and protons, and they said “Here is at the base of everything”. At this point it was thought that the basic particles of everything had been found.

In fact, no. In **1960** at the **Fermilab in Batavia**, scientists using new modern instruments, demonstrated the divisibility of neutrons and protons, by identifying other smaller particle of impressive density: the Quark. They spin like a spinning top.

How small is this world of particles?

The diameter of an atom is one ten-billionth of a metre, and the nucleus of an atom is ten thousand times smaller, I can't imagine how small a Quark is, but I read that it was the physicist **M. Planck (1858-1947)** that established the minimum size of a particle. I ask myself "How can a man, even a genius, establish the minimum size of a particle?" If we consider what has happened up to date, the discoveries will not end with the Higgs boson, or the Strings or the wave particle fields.

The smallness of particles is established only by the possibility of inventing devices that will be able to detect them. The further we explore into the micro world, the more amazing the micro-reality will be evident to you. Research is like that. It is in its nature: the scientists reach conclusions only through experimentation, and like that one goes forward.

No one knows what will unfold, and for this reason experimentation is exciting and also dangerous; every positive result closes a cycle, and the established new conclusions are punctually updated by successive experiments. But it also happens that reactions are triggered that are difficult to control and which cause huge disasters for man.

Going back to the Quark, it was said that this was the basic particle from which the Universe and everything around us is made of. However, this has turned out not to be totally correct, as it was discovered that these said particles, smaller than one

ten-billionth of a metre are part of undulating and vibrating fields, that for quantum causality are that the base of all that we perceive, us included.



We are part of undulating fields of particles which, as they move, and combine they initiate other values, other forms.

We see only what our senses allow, for example, by standing out of the water we only see the tip of the iceberg and experience only that.

The amazing thing is that these fields, invisible to us are unstoppable, even if brought to temperatures close to absolute zero they continue to tremble and shake.

Everything that we consider inert, firm and solid matter is in fact dynamic and vibrant. But to see these dynamics and vibrations, made by waves of particles less than a few billionths of a metre, we need special tools that only large research centres possess. And I add that, looking at this micro-universe, we would see that nothing is static, everything is dynamic. Not only that: but more importantly, everything in those dimensions is connected and is sharing information.

From the book *Che Bleep ne sai*, a thought by Dr E. Laszlo, philosopher and founder of systems theory:

“Both matter and mind suggests having evolved from a common cosmic womb: **the energy field of quantum vacuum**”.

The interaction of our mind and consciousness with the quantum vacuum connects us both with other minds that surround us and with the biosphere of the planet. It “opens” our minds to society, nature and the universe.

“The evolution of the **Metaverse**, through the cyclical evolution of the universes, leads to the full realization of the evolutionary potentials encoded in the primordial Cosmic Plenum (apparent cosmic void), and to the complete coherence of all things that exist in space and time. It marks the complete realization of divine creativity”.

And again from “the next future news” of 6 March 2021:

“The Metaverse is coming. And it’s a nine figure deal. A three-dimensional, permanent and pervasive virtual place in which to socialize, work and shop. The Metaverse is approaching, and it will have a huge impact on society”.

A commercial hypothesis of how the Metaverse could be used: imagine walking down the street and realizing that you need a product. Say its name and suddenly a three-dimensional vending machine appears with that product and its variants. You stop, digit on the hologram the chosen item, which will be shipped to your home, and then you keep walking.

In reading these lines I felt discomfort and darkness. I cannot imagine how we will react, and where this quantum revolution will lead us. But I feel that before putting it on the market, we should think about the humanistic aspect of it and take the due precautions.

In the Vedas of seven thousand years ago, in the India of the masters we read: “we are one, the separation is only due to the illusion of the mind”.

The point is, how did they come to this conclusion?

From what quantum event did they deduce this claim that they could not explain?

The physicist and mathematician J. Jeans said: “I thought the Universe was a great machine, in reality I am convinced and persuaded that it is a great thought”.

Physicist V. Marchi continues: “The word Universe contains in itself the concept of One always turned towards itself; the One is equivalent of thought, in fact the latter is non-local because everything that exists, starting from the atom, represents a unit of thinking”. (OZ No.1)

When we observe the space that separates us, that separates things, we are led to think of nothing. But no, this space that seems empty is made up undulating fields that produce protuberances, or if you like, wave crests: this is the matter that is visible to us but only when we decide to observe it.



This is called a quantum event, which has no rational explanation. Quantum events are mechanically unthinkable, unpredictable, illogical, irrational, mind-boggling, marvellous and unstoppable modelers of things.

At this point, one question might be: “What, or which mind can, from our concept of nothingness, give rise to all that is visible and perceptible to us?”

Everything we observe becomes visible to us because of light, it is matter illuminated by *quanta* of photons emitted by undulating electromagnetic fields.

Each particle phenomenon has, in quantum terms, its Field. In total seventeen were identified. There is also an eighteenth theory, about an even smaller particle called Higgs boson. But for this, scientists have not yet reached a common sense of understanding.

They are, therefore, the Fields of quivering particles which, from nothing, crossing, overlapping and merging, make up the whole.

This is the current theory that, in the 21st century promises to be the most supported by the world of science.

Three thousand years ago, Greek mythology put it this way:

At the beginning there was only Chaos, a mix of all things in the void. Then from Chaos, that is from nothing, all the rest was born”.

We humans too, are able to model matter in various forms of art, and to manipulate the invisible world with special tools. But we are not that perfect. Retracing our history, we can say that we have done some remarkable things, but also many disasters due to our way of experiencing but not behaving.

So? Should we stop? At this point, the decision about the future, takes different routes.

Let's do some analysis.

The disasters we have caused in the material world, that which is mechanically visible, are somewhat observable and repairable. But, when we enter the invisible world and quantum, made of particles of a few billionths of a metre, then the number of people who virtually manage our future is really minimal.

Not only are there few science scholars who understand and manipulate this world, there are even fewer who finance and manage it.

Out of about eight billion people living on our planet, the number who manipulate the invisible micro-world, and who are actively responsible for huge disasters, is just a few million. A micro world made up of strange molecules, corpuscles, genes, viruses, bacteria, bacilli, microbes and germs which are made up of noble particles of photons, electrons, quarks, protons and neutrons, managed by electromagnetic and gravitational forces.

At this point the answer on the invisible is divided into different aspects: that of the immanence and that of transcendence.

Immanence is the scientific world of the few, where research

and experimentation Is carried out in both mechanical and quantum forms. These few are up to date on the origins of the whole and believe in power.

The categories involved are the large pharmaceutical companies, large banks, large distribution companies together with the elite of scientific researchers who use market strategies, play the stock market and buy entire nations for their energy resources.

Transcendence, on the other hand, is the world of **the many**, of the occult, the mystery, of faith, where everything must be disclosed in simpler terms with mythological tales, with parables, with examples in such a way as to make sense of the events experienced by **the many**. Not because they are unable to understand, but because they are unable to do so without adequate education. Many people's time is almost all dedicated to obtaining sustenance and chasing the illusion of well-being. In this way mental and physical tiredness lead to negative idleness, apathy and succumbing to the few.

There are very few people, however, towards the end of their life, who have the time and curiosity to study and understand, and alas here too there is a need to make differentiations:

- once understood, one leaves the earthly life aware of how one lived and happy to have understood, accepting what fate has decided;
- once understood, one leaves earthly life with the bitterness of being lived in ignorance, but happy not to have been dehumanized by prevarication's power;

- once understood, earthly life is left in doubt as to what existence would have been like in the world of the few.

The deduction of all these conclusions is: he who dies without understanding, let's say has an unnoticed transit, and without participating in progress as we understand it today.

But progress, as we understand it today, given the cost of the great disasters it has caused, is it really progress? The future is truly an unknown.



Listening to science the answer is obvious: it's us that decides events, quantumly, and we are therefore unknowingly guilty.

Says the inspired Mark 11:24: “Therefore I tell you, whatever you ask for in prayer, believe that you have received it and it will be yours, you are surprised that I am telling you that you too can do it (I’m just giving you the technique).

Simply wonderful.

Imagine Mark unknowingly talking about quantum, it is simply wonderful.

Could breaking the mould of common thinking really change the negative course of things?

If when you receive a wrong, instead of repaying it or inveighing, you forgive, what happens?

Negativity is broken and positivity is created.

When Peter is told to walk on water and he sinks, it is because he simply had not been able to create that reality because he had no knowledge of the technique.

A trivial example from fiction is the plot of the film ‘Life is Beautiful’, where reality is created from time to time, the protagonist’s son, although amazed, believes and lives in the game invented by his father.

Physicist, David Bohm (1992), a friend of NG Krishna Murti, takes transcendental thought to physics, where time in deeper realities does not exist.

Bohm says: “Reality in our brain consists of a hologram”.

What is a hologram?

...firing a laser beam (born of quantum physics) through a holographic film comes out a three dimensional image (an image that can be turned around).

The peculiarity of the hologram is that although you divide the film photo slide into smaller parts, the image in every single piece of the slide, will always be whole, no matter how small.

Which means that in every little part of the universe there is the whole universe.

And here too we have a reference to the ancient scriptures. *The Vedas of Siddhartha, two thousand five hundred years ago, say that every small part has in itself the totality.*

How did they know that truth?

From what quantum event had this thought come from?

Well, the answer might seem obvious, believing in the experiences of Buddha, Mark, Jesus, Mohammed. It seems obvious to me that they wouldn't have been the ones we know if they had said and done trivial things. The messages they have sent us have been perceived in a quantum way by the Great Mind.

“In the beginning was the Word” (the vibration, the quiver of particles), *“everything was done through him”* (the undulating jolt of particles that generate matter), *“and without the Word, nothing would exist”* (there is no form of matter in the universe that is not the result of the activity of the Word, of vibrations, which is also excitement and heat). *“The Word was not light, but generated brightness”* (in fact light was born with the ‘Big Bang’, after which

inflavons sucked all the initial matter into multidimensional bubbles).

The orchestra conductor R. Muti writes: “Fantasizing, I have always thought that in the universe there is just a sound matter, which spreads and vibrates everywhere, and which crosses us all, that’s what I mean by **harmonia mundi**”.

* * * *

The proof of all this, above all, is the scientific confirmations of today. The tools that allow you to explore the sub-atomic universe have enabled us to understand that the source that inspires knowledge is the same for everyone. Even using different systems and techniques, many of the visions of the aforementioned characters are immanently confirmed.

Concluding this chapter:

- given that the vibrating waves of particles, omnipotent and omnipresent, are the basis of everything we call matter;
- since we too are like wave crests, the expression of an immense and quivering ocean of forces;
- considering the source from which the aforementioned mystical characters drink is the same as scientific answers, so it goes that both transcendence and immanence have the same quantum world of particles in common;
- and since human thought wanted to give a name to the Great Mind, which from quantum nothingness has led to today’s result; so it goes without saying that both transcendence and immanence have in common the quantum world of particles. Not only that, but we can also state with reasonable recklessness that while transcendence felt the need to associate the word Deus

with the Great Mind, immanence remains cautious, divided between those who believe that only a Great Mind can create so much perfection, and those who instead want to demonstrate its existence with an experiment.

But how powerful is the Great Mind?

In itself it's a question that doesn't make sense to ask, as nothing and nobody knows, or can imagine these imposing powers. But to make a small comparison, just think that a very small part of our brain, the size of a grain of sand, contains 100,000 nerve cells, neurons. The neurons then use from one thousand to ten thousand connection paths, synapses, to communicate with each other.

This neuronal network processes, stores, archives, packages responses and emotions, and evolves using our subconscious.

The same subconscious, which simultaneously organizes all the activities of the organs of our body. Without ever stopping throughout the course of our life.

Having said that, it is simply unthinkable to make comparisons with the unlimited power of the Great Mind.

In what does the seal of its indisputable greatness consist?

It lies in the fact that, although there is no way to relate to IT, it makes us co-create, it makes us co-think.

The deep divisions that humanity has created over the millennia about the correct specificity of the Great Mind are deeply senseless. What a huge waste of energy and loss of time trying to name IT.

Instead, we have significant mental properties to get closer to these dimensions, our brain is able to generate light sources that by inflaming our conscience allows us to participate in creating events. How?

Let's imagine that the universe is a mirror that reflects our deep convictions. If we view or think intensely on these convictions, each of us with his own technique, we will be able to reach the vibrating of the particles, and thus contribute to events.

Both in a negative and positive way.



Example: When Christian Saints and Buddhist teachers etc. are asked, how can you do these things? They replied: “We are only the tool of the Great Mind”.

Leaving no room for doubt the writer and director of events was in everything.

When this happened, man became the protagonist of the film. It was not a question of humility, but of faith, conviction and believing without hesitation.

When Jesus asked who had touched him, Peter, who was standing beside him astonished said: “Master, but it is the crowd that squeezes you in from all sides”. Jesus replied: “Someone touched me on purpose, I felt a strength coming out of me”. In fact, it had been a sick woman who by touching his clothes was healed. Luke 8:43. He was only the “go-between”, the tool.

The meaning of life in general is that we are just tools that the Great Mind uses to improve everything. That’s why all transcendental characters say “we are the medium”. And this is why I say that we will go unnoticed, if we are not vigilant and participate in the use that the Great Mind makes of our bodies. (this includes life energy and the subconscious)

Two thousand years ago, like today, a firm belief, or if you like, an unshakable faith, is the true tool that can.

In the book *Che Bleep ne sai* we read that the parable of the little mustard seed, (Luke 13:18) can only be explained by quantum physics.

A mustard seed, which a man took and planted in his garden then grew and became a tree, and the birds of the sky came and perched in its branches.

And why can it only be explained by quantum physics?
Because today, 2021, with knowledge of the sub-atomic world, you can explain how this happens.

Yes, but how did Luke know?

The answer is always the same, Luke was the tool used to explain a concept expressed in a parable for the listeners of that time.

On the other hand, the reverse path is different, that is from the firm belief of something towards the invisible world of our particles Example:

What can start a healing process, or if you prefer, reharmonize particles?

A report by the Columbian University of NY reads:

“Thanks to the firm belief in the existence of an infinite omnipotent entity, using the rituals of repetition in intercession, the neurons change structurally, leading subjects to exclude themselves from the external world and focus on the interior. Believing strengthens the texture of the nerve cells. It has been proven that those who use these techniques do not suffer from depression, as anxiety levels are reduced”.

The prayers, mantras, litanies and repetitions that the ancients called ‘Japa’, create a rhythm that is beneficial to the brain.

Going back in time, there have been many thinkers who have meditated on transcendental phenomena and the causes that generated them.

Phenomena that today have a scientific explanation but have also caused a lot of inconvenience to those who guide the transcendental environments.

How does questioning the existence of the soul arise, the ethics of conscience, or the ultimate destiny and the afterlife?

And yes, our ancestors looking at the night’s sky illuminated by an intense vault of bright stars asked these questions.

They certainly asked themselves: why don’t they fall? what keeps those lights on all the time? who moves them?

What invisible force moves us when we look at the living form?



From a lecture by U. Galimberti:

The concept of duality, that we are made up of body and soul, comes from Greek and Jewish Christian culture.

Our body, the greatest and most perfect evolutionary machine, should be dealt with by the science of medicine, while the soul should be dealt with by transcendence.

Us Westerners essentially have a positive vision of the future. In the West, everything is Christian, that says: the past is evil, the present is redemption, and the future is salvation.

Science says the same thing: the past is ignorance, the present is research, and the future is progress.

The Westerner does not kill himself to please God, and neither does he isolate himself away from society in meditation.

How powerful is the verb, the vibration, the word. Today humans can influence each other, they have learnt to speak with

proper syntax in order to condition the listener. If we then add bewitching images and films, the phenomenon is amplified both in numbers and reliability.

Minds prepared and attentive to these phenomena succeed in defending themselves only through studies and comparative analysis, but there are still only a few experts in this sector. The majority of users are completely at the mercy of professional hoaxers, and this is nothing new: plagiarism, falsehood, counterfeit and deception has always existed. Just do your research on false histories to find out how rich the inventory is.

Could this be the cause of discouragement?

When there is no match between what we learn and what we are unable to obtain from our learning, we can be discouraged.

So how do you bypass these moods?

I too have had to give up more than a few times when I found myself reading or listening to topics that were difficult for me to understand. But then by persevering, looking for and trying other solutions, I understood what alternatives I could take.

Often our mental library needs time to gather useful information to formulate an answer.

This is why I think that books should be read at least three times: the first to draw out the topics that interest you the most, the second to study and understand them, and the third to memorize them.

* * * *

Our mental library is always active; even when we are asleep.

I think that when we are awake our conscience is able to give us the logic of events because it experiences moments associated with our five senses, but when the conscious state falls asleep, the pieces of information follow on one from another, often in senseless images that we call dreams.

I like to imagine that rambling dreams are the fault of the person in charge of our mental archive, who putting in order all the information we receive when we are awake, takes it out at random.

I imagine a container full of inputs placed one on top of the other; a scene from a film, an intriguing information from a conference, an anecdote from a conversation, the memory of a

historical event, a strong emotion, an image from another dream or of a person emotionally close to us, an obsessive repulsion, and much more. All this can build a sequence of images that we call a dream. Our librarian, in taking the information from the container, he assembles the dreams.

It is as if clips of anecdotes are taken at random from all Shakespeare's tales, and here it happens that Juliet confides in Julius Caesar, or that Cleopatra falls in love with Henry VIII.



There are many causes of dreams. At the root there might be an unconscious desire, an impulsive phobia, an obsessive state. But it could also be that during the filing work, all of a sudden the neurons ignite, just because we have heard something or read something that was the missing piece of a puzzle, an unanswered question, a real Eureka!

The imponderable was written in the reading of the last page.

Here are some reflections from the book and film, *What the Bleep do we know*, which was written by a large group of physicists, theologians, thinkers, directors and producers, all beyond the borders of canonical culture.

...”one thinks of a consciousness within each particle. A conscientious spirit that captures and changes experiences that occur in the particles, thus collapsing into events that we experience whenever we decide to observe them.

And since everything is connected, it goes without saying that we can also influence the events of others with our conscience”.

The challenge lies within finding a technique, a ritual, a tool to influence these consciences. And here is the crux of the matter.

How can you change events through consciousness?

How can you get into the consciousness of the particles and tell them not to get sick, or even to heal?

The difficulties encountered in achieving these goals lead to real existential choices, and this is precisely where you need to be determined. Difficulties, instead of making us give up, must raise awareness that mental barriers can only be dissolved by resolutely dedicating ourselves to them, by changing our lifestyle.

Time becomes our friend, and the new sensations will entice us to continue. But I will talk more about this subject towards the end of this book.

The last three thousand years of history teaches us there have been many who have connected with the Great Mind, in different place and with different methods the proof of their experiences is irrefutable. These characters we call saints, prophets and enlightened ones. If studied with due attention, free from prejudices, they can really convince us that recent discoveries of quantum physics are the confirmation of those parables, reflections and statements deemed to be utopian.

* * * *

Particles have memories, which add up, share and exchange knowledge. When for quantum reasons they assemble, they create energy from which matter is then made.

Thought is pure energy: it experiences its own creation, since it is inclined to ask itself where it comes from.

We generate thoughts when we feel emotions. The creators and destructors are essentially four: fear, love, joy and truth.

Fear is a great enemy for humanity, as it paralyzes and creates destructive states.

As I wrote in a previous publication of mine, *Between imagination and evidence*:

We can use the parallelism of computer memories, the energies that animate us have default ROM instructions by default, he who has programmed us does not allow changes.

They are part of an infinite ocean of energies that science calls “The zero point field”.

The combination and interaction with the aforementioned field seems casual, but it's not. It is the non-randomness which unnoticed introduces itself to the recipients on duty. Eureka occurs when many energies combine together with the same characteristics[...]

A human without base memory is like a computer without ROM instructions, he is without thought, he is malfunctioning [...]

The human, due to his free condition, will build RAM instructions: behavioural character programs [...]

Let's just imagine for a moment what it would be like to live simultaneously in different worlds, having only one common awareness of ROM memory. Our life would be a sort of bio-neutral entanglement with our clones. Travelling with traditional vehicles would only be an obsolete memory. Meanwhile, we may learn to interact better with the vibrations of matter and dark energy. Just like the vibrating frequencies of thought of human artists, when these thoughts, from their invisible conditions, by an unshakable faith, they become visible in various forms of art.

The same thing could happen with frequencies issues by a strong conviction, they could re-harmonize a possible cellular disorder, and this would demonstrate that the “zero point field” is the creative spirit.

This mechanism yet to be understood, will make a difference in our history. We are currently living between moments of true

transcendence and healing, and moments of excess that distort cellular harmony. (“Praying for Healing” M. Oman - Armenia Edition 1999) (“Sleep, dream, death” T. Gyatso the Dalai Lama - Neri Pozza editor 2000).

By finding a good balance between these two forces you will live in good health and for longer. It goes without saying that he who generated and made this mechanism possible lives in everything.

* * * *

From lectures and readings by physicists V. Marchi, G. Tonelli, D. Bohm, J. Wheeler. They say: “Everything is thought”, to which we can give the name we want, which means the observer and the observed are part of the same substance.

From this point of view everything is more understandable, as we are no longer subjects of an external mind that observes, commands and punishes, but we are part of the whole.

Returning to the energies of which we are an integral part, the question is what is the glue that holds everything together?

Much thought has been given to this question; to find a suitable term, a one-word answer that could express this glue in depth was the challenge.

After careful consideration the word “love” was chosen.

And here is a further question: why love?

Answer: because “love” is consciousness, and it is all that is.

It is an informative vibrational field. Love is of ubiquitous character, it is not elsewhere, love is everywhere. Love does not distinguish between the sexes, does not know the physique of the

other, “love is who it is”, as from the famous reading, “I am who I am”.

It’s like looking at oneself in the mirror and seeing only oneself, and not able to do anything else other than to know and love oneself.

In the temple of Apollo in Delphi it was written: “Know yourself and you will know everything”.

But how did they know this more than three thousand years ago?

The invention of Apollo was fantastic. He lived for a good part of the year in the land of the Hyperboreans, where he learned about the future of men.

Who had thought of writing this myth? Where did he get his information from? And why?

I have read so much about myths, and I am convinced that those who created them were very special people. In reading mythology, the way it is supposed to be read - of Hesiod and Homer from antiquity and Morelli and Campbell of modern times - read, and re-read then, without prejudice, and with an open eye to science, it becomes impossible not to think about the dimension of the Invisible.

In ancient writings we often read of deities who had children with terrestrial females and created the so-called demi-gods (Hercules, Aeneas, Perseus, Agenor and others).

Some of our brilliant ancestors had already thought about how to instil in us the idea of union with the divine, the mystery, the whole.

Here are other interesting confirmations:

Physicist and mathematician M. Planck writes “Matter, which is also energy, is made up of vibrations and behind everything there is a supreme intelligence”.

Obviously, the power of a man’s word is small if compared with the basic wave vibration. But if we look carefully through history here are a series of events that confirm the juxtaposition with the Great Mind:

when he spoke to Abraham foretelling him of the future of humanity;

when he put himself into Aristotle’s mind and spoke to him of Ormeomrie, the particles that make up everything;

when he enlightened G. Buddha with relevant truths and wisdoms;

when he speaks to the virgin Mary about her pregnancy, predicting “the Word will become flesh” in Jesus;

when Giordano Bruno (1548-1600) wrote:” we can change the course of events. It is not matter that generates thought, it is thought that generates matter”;

and when scientist Albert Einstein (1879-1955) gave us immanent truths, drawn heavily from the sub-atomic world.

These very special minds were asking themselves questions that the rest of humanity could not even dream of.

Like, for example, when Einstein was a boy, he asked his uncle: “If I look at myself in a mirror at the speed of light, what do I see?” I remember that to this question, astrophysicist M. Hack replied: “But how did he come up with such a question?”

Einstein was so consumed by the notion of wave particles that he could imagine them approximating reality.

* * * *

And what about omens, auspices, predictions, how do they have visions of the future? And why do the myths say it was not their merit to guess the future, but the power of prophesy came to them from Apollo?

Remember the soothsayer saying to Julius Caesar: “Caesar, beware the Ides of March”. and that morning of 15th March 44BC, his wife Calpurnia begs him not to go to the senate and tells him of the dream she had where she saw herself beside the murdered body of her husband. Caesar ignores her warnings, after surviving many military campaigns and deadly political plots against him, he feels invincible. He walks towards the senate, sees the soothsayer in the crowd and says to him: “The Ides of March have arrived, and I am still here”, and the soothsayer replies: “Yes, but the Ides of March have not yet passed”. Time to climb the steps to the senate lobby and Caesar will be killed that morning.

There are people who, due to both neuronal and historical environmental conditions become like receiving devices and that in these conditions are able to decode the consciousness of what is to come.

When this happens, and you have an adequate scientific education, you have immanent answers, whereas if this happens to those who have studied theo-philosophy, they become transcendental answers.

There exists also a third group of people, who have an education related to immanence and transcendence, and these Geniuses, having the advantage of being in contact with the two realities, have conquered the top position of the economy and management of our planet.

And you know what? Over the past few decades these Geniuses have invested exponential amounts of money and energy in search for exoplanets, that is other worlds similar to ours, that are potentially inhabited.

Can you imagine the purpose of all this? Or these Geniuses have already foreseen in the actual tank of usable land, the exhaustion of their resources, or they warn that there will be a point of no return due to environmental disasters.

At the moment the existence of other worlds like ours is only a statement due to astronomical observations and statistical calculations. But the doubt that these Geniuses have knowledge of things unknown to us remains and makes a great difference to know.

True or false?

Until an event takes place to give us a definitive answer, it remains both true and false.



*Meanwhile, an all Italian genius
has sculpted and sent into space
the sculpture of a foetus,
symbol of mankind
product of the sub-atomic world*

All of this is information, but bringing out the real information becomes more and more complicated. The news for many reasons, unfortunately, becomes manipulated, revised and adapted. The use of social media has increased the number of journalists, opinion leaders and free lecturers, and accessing true knowledge is almost an impossible task.

Among the events that most made me reflect on these problems are the studies and research of glottologist S. Dedola. I have never seen and felt so much dedication, passion and detailed exposure to research. Dedola contradicts the dogma of the previous classic versions of history, archaeology, language and toponyms of Sardinia.

The comparative study that Dedola carried out with ancient grammars and dictionaries, combined with the already acquired use of Indo-European grammars and vocabularies are, in my opinion, simple admirable.

In over 30 years of research Dedola has published evidence that the Sardinian language does not derive from Latin, as it was thought, but that the Sardinian language has a Sumerian-Akkadian base, and that Sardinian was already spoken in 1600 BC: 800 years before the birth of Rome.

There are many other examples for those who wish to learn more, different versions from the canonical ones that are still being taught in schools. Almost all related to ancient history.

A very interesting version about pre-existing civilizations to the Sumerian one, new philological and semantic studies on ancient scriptures, new visions of the functions of very ancient constructions, transpositions on archaeology and occult science, new parallels in evolution; all this by authors such as Z. Sitchin, M. Biglino, R. Bouval, A. Gilbert, M. Pizzuti, R. Tuis, G. Hancock, the list goes on.

In the last 200,000 man has travelled from Africa all over the world, he has never stopped, has invented words to communicate, has invented gestures to move in silence, graphic and musical arts to convey emotions and stories to remember his true origins and knowledge.

Every word invented by our ancestors, by necessity or by emotions, brings its own story, and it's thanks to sciences such as glottology, philosophy, semantics, etymology, phonetics and semiotics, that by using comparative methods, one can really shed much more light on our past. But, I repeat, free from orthodox barriers and prejudices.

And this is what can give us more awareness, and what can give more motivation to our incredible existence.

What a compelling story is that of so-called mankind, but a long, long time ago, we were a living form like many. I think of naive, tender, sociable, affectionate loyal dogs, then we invented money.

Irony aside, I think the superpower is in the knowing.

Accessing the invisible is the path.

Whoever makes this leap doesn't fall, remains suspended in the air, whilst the others think the world is just what we see with our eyes.

(To know: from the Latin *sapere* "to have flavour" "to smell", and in a figurative sense "to be wise" "have sense". From the gustatory sphere the meaning is passed from the nose and from the nose finally to the head. To know means to perceive the taste of things,

but also flavouring them, making them precious. Like dishes with salt. Etymological dictionary)

A scientific experiment was conducted to understand what parts of our brain are activated when we look at and the remember an object. First an object was shown, after that, in its absence, the subjects were asked to visualize with their eyes closed what they had seen: remembering the image of the object activated the same brain area as was activated during the observation of the object itself.

We have a mental library where infinite images, voices, smells, tastes and tactile sensations are deposited, processed and filed in the billions upon billions of particles of our brain.

To give an example: a movie camera, not having a conscience, visualizes mechanically the whole scene in the same way, and always mechanically, you can focus on a detail.

We, on the other hand, can look at a scene, we can focus on a detail with conscience, evaluating its perspective, it's possible danger or benevolence, and possibly communicate with it.

When one talks about the sub-atomic world, one is talking about very small particles with a great energy that are moving in a very small time space. Studying the quantum world means looking to understand an unpredictable world.

The particles appear and disappear, and no one knows where they are when you don't see them.

a) They go to another universe where the people who see them ask themselves the same question? Or

b) They go to another dimension that we don't know about?

In addition, it has been observed that the same particles can be in multiple locations at the same time.

All this leads to the conclusion that the world that is existing out there is just waiting for us to observe it. All that we observe is made up of particles of consciousness which manifest themselves only when we decide to observe them.

Particles are not things, but trends.

Quantum science calculates only possibilities, what we perceive as reality is an instant of possibility. But for this to happen it takes a conscientious observer.

Question: how does the possibility of influencing particles come about?

Some think of a consciousness within each particle, like a conscientious spirit that captures experiences that take place in other particles, which with their consciousness collapse into other events, and since everything is connected, so it goes that we can influence the events of others with our consciousness.

It's like when water crystals are influenced by sound waves, they assume different geometric shapes according to the beauty of the vibrations. The more harmonious and beautiful the sound is, the more beautiful and harmonious the geometric shapes of crystals are formed. (see the experiments of M. Emoto even if they are not scientifically proven).

Our bodies at birth are made up of 90% liquids, so if a thought or sound source can influence a molecule of water, I imagine that we too can influence the particles by harmonizing them.

These particles, these small but brilliantly marvellous creatures that by assembling give us a flower, a thought, a living being, and emotion: only the Great Mind can.

In conclusion: how can we get in touch with the particles?

Changing our body with thought presents a very high degree of difficulty, just thinking about it we create barriers that cancel out many attempts. It is much easier to go to the doctors, take medicines have therapy, diet and so on.

Why risk wasting time?

This is a question that the market has instilled in us and caged us with.

And who is the market? Yes, it has a mythical name, it's called Nobody!

The market is an endless series of Matryoshka that don't even respect the Planck length.

Here is a way to approach the invisible:

- *Make yourself comfortable, even lying down.*
- *Choose a quiet place, and at least an hour of uninterrupted time.*
- *Make sure the environment is well oxygenated.*
- *Close your eyes and join, without pressing together, the tip of your index finger and thumb to form a circle. It is only to warn you when the absence of contact will start to vanish.*
- *Take four deep breaths, inhaling slowly, holding the inhaled breath for two seconds, exhale and repeat.*
- *As you return to your normal breathing rhythm, go through your body with the thought, make sure that each part of your body is released starting with your head, forehead, eyes etc. slowly down to the feet (during this activity we may stiffen facial muscles, make sure from time to time that this doesn't happen).*
- *Don't force the activity, follow your own rhythm, each of us has one, take your time and eliminate any small physical discomforts.*
- *Now that all's quiet, turn your thoughts to the particles of oxygen that are entering your nostrils every time you inhale, and follow them through the brain, then exhale naturally, mentally pushing them along the back of the neck, the spine and up to those parts of the body that you want to re-harmonize. Do this with every breath and smile within yourself.*
- *During this activity it can happen that your thoughts get distracted, it's normal, but you have to react for your mind to get rid of it.*
- *It is important to leave out our everyday thoughts.*

- *One solution is this, it is to carefully recite one sentence of four or five words, to be repeated without interruption, associating it with the rhythm of your breath. Many choose phrases from a prayer. **I consider this point very important.***
- *The first attempts can last a few minutes, then with time you will feel states of lightness as if gravity and pressure on your body has decreased. After more time you can extend this activity even beyond an hour, until you no longer feel physical contact with the major part of your body, while remaining conscious of circulating the oxygen particles where you decide.*
- *Last detail: since everything is a vibration, I, in doing this activity, put as background, at low volume from You Tube, the Tibetan OM at 432Hz, or 963Hz, 852Hz, 639Hz.*
- *Be calmly determined, and above all do these activities without expecting miracles: well-being is already in us, we just have to become aware of it.*
- *Before starting this activity, I suggest a substantial stretch and another at the end, returning gradually to normal rhythms.*

*Flashes of quivering Quanta of photons
They began to illuminate the universe.
The Great Mind collapsed
the states of creation*

