

**Tolstoy – Faggin**, what do this 19<sup>th</sup>-century Count, philosopher and brilliant writer have in common with the 20<sup>th</sup>-century Scientist who invented the computer chip and the touchscreen? Why did they question life's existence?

We are in an age of existential crisis accelerated by technology. We ask ourselves: if even an artificial intelligence can communicate by imitating consciousness, Tolstoy was right when he deliriously wrote in 1887 that **life is an illusion**.

And then in 2020, Faggin published a theory according to which **physical space is virtual**, while the true reality is panpsychist consciousness.

**Panpsychism**: all is One and **One is all there is**.

**Consciousness**: is an intrinsic property of One, from which space, time, energy, and matter emerged, sharing the same basic elements.

**Although Leo Tolstoy and Federico Faggin**, are separated by one hundred and fifty years and different backgrounds, both reached the same conclusion about human existence. Yet both have written works that demolish our concept of reality.

The body is an auxiliary structure of our true nature. **Seity** is not the body but the **quantum field** that controls the body; the mistake is believing that physical space is objective reality. **Seity**: existing independently of our physical body. A fundamental unit capable of acting in free will.

The real shock comes when we tackle the topic of death, which both explored in depth.

**For Tolstoy**, death does not exist; man will never know his own death.

There are, in fact, only two points of view: **one false**, according to which life should be understood as the set of **visible phenomena** that occur in my body from birth to death, and **the other, true**, according to which life is understood as that **invisible consciousness** of life itself that I carry within me.

**Faggin** writes that dying constitutes an awakening to a different, **expanded consciousness**. This perspective is significant because it implies that our existence **is not contingent** upon the physical body.

**Both authors** also offer us a practical solution. **For Tolstoy**, the key is love, this feeling that resolves all the contradictions of human life and gives man the greatest possible good. All men know it, and only love gives meaning to our lives. Loving a person, **even loving a mission**, gives us meaning in life.

**For Faggin**, the key to understand our true nature, and I quote him:

**“We are a soul with a body, more than a body with a soul. Each of us is a point of view of the One**, part of the One, and as such is eternal.

One is all that exists, interconnected, dynamic, and holistic. All things originate from **One**, a single interconnected source.

And here the paradox: Tolstoy a famous philosopher and writer of the nineteenth century on one hand, and Faggin a Silicon Valley engineer on the other, both discover that technology and spirituality, far from being enemies, **lead to the same truth**.

In summary, **death is the beginning of true eternal life**.